

# ROCKSALT

FOLKESTONE

## BREAKFAST MENU

AVAILABLE DAILY, 9:15 AM-11:00 AM

### TOAST & NORTHAM FARM BUTTER 6

Docker Sourdough | Gluten-free bread

Honey | Marmalade | Marmite | Jam | Hazelnut & cocoa spread | Baked beans

### HOUSE GRANOLA 8.5

Dried fruits, seeds, fruit compote, berries, honeycomb  
*served with either coconut or greek yoghurt*

### BUTTERMILK PANCAKES

Whipped vanilla cream, fruit compote, berries 9.5  
Orchard Park farm smoked streaky bacon,  
salted butter, maple syrup 10.5

## ALDINGTON BANK FARM EGGS

Bank Farm has been run by the Wanstall family since 1918, with the current members representing the fifth generation of farmers on the property. The farm focuses on cattle, free-range poultry, and arable crops, integrating modern regenerative farming practices and circular economy principles. Also home of the "Egg Machine".

### EGGS ON TOAST 8

3 eggs any style, on toasted Docker sourdough

### "SMOKED SHED" SMOKED HADDOCK HASH 14

Caramelised onion, fried local egg,  
samphire, seaweed powder

### SHAKSHUKA 13

Middle Eastern spiced red pepper & tomato stew,  
two local eggs, yoghurt, toasted docker sourdough

### "EGGY" DOCKER CROISSANT 13.5

Hot honey-glazed buttermilk chicken,  
maple-cured streaky bacon, orange, fried egg

### CHEESE OMELETTE 9

3 eggs, Mayfield Swiss cheese

### STEAK & EGGS 23.5 \*

8oz grass-fed bavette steak, two fried Kentish eggs,  
green sauce, avocado, watercress, pickles

### CLASSIC FULL ENGLISH 15

Cumberland sausage, black pudding,  
maple-cured streaky bacon, flat mushroom,  
grilled tomato, baked beans, toast, hash brown,  
spinach, Hen's eggs any style

### VEGGIE FULL ENGLISH 15

Halloumi, avocado, Church Farm wilted spinach,  
vegetarian sausage, grilled tomato, hash-brown, toast,  
Hen's eggs to your liking

## ROCKSALT BENNY BAGELS

*Toasted bagels, poached eggs, house hollandaise sauce, watercress*

ROCK BENNY: Wiltshire cured ham, pickled shallots, grain mustard vinaigrette, smoked paprika 12

ROCK ROYAL: "Smoke Shed" smoked salmon, dill cream cheese, pickled cucumber, seaweed powder 18 \*

ROCK ANTINE: Church Farm wilted spinach, crushed avocado, chilli flakes 11.5

## LOADED BAGEL

Cumberland sausage patty, maple-cured bacon, smoked cheddar, fried egg, watercress, pickled shallots, chilli jam 12

## SIDES \*

FLAT FIELD MUSHROOM 3.5 | HASH BROWN 4 | MAPLE-CURED STREAKY BACON 3 | EGGS ANY STYLE 3

"SMOKED SHED" SMOKED SALMON 4 | BAKED BEANS 3 | CRUSHED AVOCADO 4

\* SUBJECT TO SUPPLEMENT FOR HOTEL ROOM GUESTS

Where possible, our fish is caught by local dayboats from the Southeast coast. The Smoke Shed in Hastings provides us with the best smoked fish. Our dairy products and eggs are produced by local farms. Our meat suppliers source from Kent and southern counties.

All fruit & vegetables are from the best farms around Kent.

[WWW.ROCKSALTFOLKESTONE.COM](http://WWW.ROCKSALTFOLKESTONE.COM)

# ROCKSALT

FOLKESTONE

## COLD DRINKS

### CAWSTON PRESS JUICES 3

Orange | Grapefruit | Apple

### HOUSE LEMONADE & ICED TEAS 5.5

Traditional lemon | peach | apricot

### FROM THE TAP 1.5 to 2.75

Lime & soda | Coke | Coke Zero | Lemonade  
Lemonade | Orange juice & Lemonade

### PUNCHY HYDRATION DRINKS 4.75

Blueberry | Mango | Mexican lime

## HOT DRINKS

### UESHIMA COFFEE COMPANY

Decaf available | Oat milk available  
ADD SYRUP 0.5

Espresso 3.5 | 4 - single/double

Macchiato 3.5 | 4 - single/double

Latte | Flat white | Cappuccino | Mocha 3.25

Americano 4

### HOT CHOCOLATE 4

### DEBONAIR TEA Co. 3.5

English breakfast blend | Extreme earl grey  
Yunnan green tea | Chamomile | Peppermint

### FRESH MINT TEA 3

## THE MARY COLLECTION \*

### ROCKSALT MARY 11.5

Smirnoff Black vodka, fresh lemon juice, Tabasco, Worcestershire sauce, Maldon salt, paprika, olives & spiced tomato juice

### BLOODY MARIA 11.5

El Rayo tequila plata, fresh lime juice, Tajín, Cholula sauce, jalapeño peppers, Clamato juice

### BLOODY GEISHA 12

Sawanot Suru sake, fresh lemon juice, wasabi, soy sauce, fresh ginger & spiced tomato juice

### BLOODY MAMA 11.5

The Duppy Share Spiced rum, fresh lime juice, Reggae Reggae sauce & spiced tomato juice

### VIRGIN MARY 9.5

Non-alcoholic vodka, fresh lemon juice, Tabasco, Worcestershire sauce, celery salt, black pepper, olives & spiced tomato juice

## MORNING MOCKTAILS \*

### RHUBARB & GINGER NOGRONI 10.5

Lyre's 0% Italian Orange, Whitley Neill Rhubarb & Ginger 0% gin, Lyre's 0% Vermouth Rosso

### NO HANGOVER PENICILLIN 9.75

Lyre's 0% American Malt, honey & ginger syrup, lemon juice

### LITTLE MISS PINEAPPLE MARGARITA 9.75

Lyre's 0% Agave Blanco spirit, orange, pineapple & lime juice, agave syrup, salt

### ESPRESSO MARTINO 9.5

Lyre's 0% amaretti, Lyre's 0% coffee, espresso, simple syrup

### APPLE "NOT-CIDER" MOSCOW MULE 10

Lyre's 0% White Cane Rum, ginger beer, cloudy apple juice, sugar syrup & lime juice

### BLUSH NOJITO 13

Lyre's 0% White Cane Rum, crushed limes, sugar syrup, fresh mint & Wild Life Blushed 0% sparkling wine

## SPARKLING & CHAMPAGNE METHOD WINES \*

	125ml	Bottle
Lessini Durello, Torre dei Vescovi, NV, Veneto, Italy	7.5	40
Amie Cremant de Limoux, NV	10	58
Gusbourne Brut Reserve, Appledore, Kent	15	82.5
Piper Heidsieck 'Essential' Cuvée Réserve Extra Brut, Champagne, France	16	85

### \* SUBJECT TO SUPPLEMENT FOR HOTEL ROOM GUESTS

Although every effort is made to accommodate food allergies, we're afraid we cannot always guarantee meeting your needs.  
All prices include VAT. A discretionary gratuity of 12.5% will be added to your bill.